Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	AUGUS	ST 2024		9:00am- Morning Walks 10:00am- DrumFit with Lexi- A 11:00am-1:00pm- Outdoor	Kirsten- 3L 10:00am- Documentary- 2L 11:00am- Morning Stretches	9:00am- Morning Walks 10:00am- Morning Movie- 2L 2:00-4:00pm- Euchre, Cribbage & Billiards with Jack & Linda- ML 7:00pm- Musical Evening with Graeme Crabb- ML
9:00am- Morning Walks 9:30am- Coffee & Chat- B 10:00am- Piano with Audrey - ML 10:00am- Virtual Church Service- 2L 2:00pm- Piano with Velda- ML 3:00pm- Afternoon Walks	9:00am- Morning Walks 1:30pm- Knit & Natter- 3L 3:00pm- Afternoon Walks	10:00am- Music Therapy with Andrew- 2L 10:30am- Blood Pressure & Weight Clinic- 3L 11:00am- Line Dancing with Debbie- A 2:00pm-4:00pm- Euchre, Cribbage & Billiards with Jack & Linda- ML 3:00pm- Afternoon Walks	9:00am- Morning Walks 10:00am- Crosswords with Kirsten- 3L 10:00am- Mini Spa Morning with Lexi- 2L 11:00am- Morning Fitness with Lexi- A 2:00pm- Town Hall Meeting- A	9:30am- Perth Shopping & Lunch with Lexi 9:30am-11:30am- Music Therapy with Barb- 2L 1:45pm- BINGO with Kirsten-3L 3:00pm- Afternoon Walks (PGA Tour Begins)	Kirsten- 3L 10:00am- Documentary- 2L 11:00am- Morning Stretches with Lexi- A 2:15pm- Happy Hour with Lexi- ML 3:00pm- Afternoon Walks (PGA Tour)	9:00am- Morning Walks 10:00am- Morning Movie- 2L 2:00-4:00pm- Euchre, Cribbage & Billiards with Jack & Linda- ML 3:00pm- Afternoon Walks (PERTH GARLIC FESTIVAL) (PGA Tour)
9:00am- Morning Walks 11 9:30am- Coffee & Chat- B 10:00am- Piano with Audrey - ML 10:00am- Virtual Church Service- 2L 2:00pm- Piano with Velda- ML (PERTH GARLIC FESTIVAL) (PGA Tour Finishes)	9:00am- Morning Walks 10:00am- Aqua Fitness with Lexi- P 11:00am- Morning Fitness with Lexi- A 1:30pm- Knit & Natter- 3L 2:00pm- Baking with Lexi- PR 3:00pm- Afternoon Walks	9:00am- PancakeBreakfast with Lexi & Kirsten- 3L 10:00am- Pet Therapy with Daelin Verkindt- ML 10:30am- Bible Study- 3L 11:00am- Line Dancing with Debbie- A 2:00pm-4:00pm- Euchre, Cribbage & Billiards with Jack & Linda- ML	9:30am-11:30am- Music 14 Therapy with Barb- 2L 10:00am- Crosswords with Kirsten- 3L 11:00am- Fitness with Lexi- A 12:30pm- Clyde Hall for Lunch with Lexi 2:00pm- Musical Afternoon with Roxy Swan- ML	Presentation with Susan Jones- PR 11:00am- Picnic Lunch with Lexi- 2L 1:45pm- BINGO with Kirsten- 3L	9:00am- Morning Walks 10:00am- Crosswords with Kirsten- 3L 10:00am- Documentary- 2L 11:00am- Morning Stretches with Lexi- A 2:15pm- Happy Hour with Lexi- ML 3:00pm- Afternoon Walks	9:00am- Morning Walks 10:00am- Morning Movie- 2L 2:00pm- Musical Afternoon with The Somerset Combo- ML 3:00pm- Afternoon Walks
9:00am- Morning Walks 18 9:30am- Coffee & Chat- B 10:00am- Piano with Audrey - ML 10:00am- Virtual Church Service- 2L 2:00pm- Piano with Velda- ML 3:00pm- Afternoon Walks	9:00am- Morning Walks 10:00am- Aqua Fitness with Lexi- P 11:00am- Morning Fitness with Lexi- A 1:30pm- Knit & Natter- 3L 2:00pm- Musical Afternoon with Ron Edgley- ML 3:00am- Afternoon Walks	10:00am- DrumFit with Lexi- A 10:00am- Music Therapy with Andrew- 2L 10:00am- Pet Therapy with Daelin Verkindt- ML 11:00am- Line Dancing with Debbie- A 2:00pm-4:00pm- Euchre, Cribbage & Billiards with Jack & Linda- ML	9:00am- Morning Walks 9:45am- Seniors Helping Seniors with Lexi- Lanark Lodge 10:00am- Crosswords with Kirsten- 3L 3:00pm- Afternoon Walks	9:30am-11:30am- Music Therapy with Barb- 2L 10:00am- Bus outing &	10:00am- Crosswords with Kirsten- 3L	24 LANARK LIFESTYLES CAR SHOW & BBQ 9:00am- Morning Walks 10:00am- Morning Movie- 2L 11:00am- 2:00pm- LL Car Show BBQ & Entertainment- Outside
9:00am- Morning Walks 9:30am- Coffee & Chat- B 10:00am- Piano with Audrey - ML 10:00am- Virtual Church Service- 2L 2:00pm- Piano with Velda- ML 3:00pm- Afternoon Walks	9:00am- Morning Walks 10:00am- Meet & Greet with Tay River Denure Clinic- ML 1:30pm- Knit & Natter- 3L 3:00pm- Afternoon Walks LEXI IS OFF	10:30am- Bible Study- 3L 11:00am- Line Dancing with Debbie- A 2:00pm-4:00pm- Euchre, Cribbage & Billiards with Jack & Linda- ML	9:30am-11:30am- Music Therapy with Barb- 2L 10:00am- Crosswords with Kirsten- 3L 11:00am- Fitness with Lexi- A 2:00PM- Birthday Party With Tom Valliquette- ML 3:00pm- Afternoon Walks	9:00am- Morning Walks 9:00am- Casino Trip & Lunch with Lexi 1:45pm- BINGO with Kirsten- 3L 3:00pm- Afternoon Walks	10:00am- Documentary- 2L 10:00am- Trip to The Perth Fair with Lexi 2:15pm- Happy Hour with Lexi- ML 3:00pm- Afternoon Walks	9:00am- Morning Walks 10:00am- Morning Movie- 2L 2:00-4:00pm- Euchre, Cribbage & Billiards with Jack & Linda- ML 3:00pm- Afternoon Walks