

Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday

# October 2025

*HAPPY THANKSGIVING*

<p>10:00am- Virtual Church Service- 2L 10:00am- Virtual Church Service- 3L <b>2:00pm- Piano with Velda- ML</b></p>	<p><b>5</b> <b>9:00am- Pancake Breakfast with Lexi &amp; Kirsten- 3L (Sign-up required)</b> 10:00am- 1:1 Visits with Care Staff- 2L 11:00am- Exercises with Paige- A <b>2:00pm- Painting with Lexi &amp; Kirsten- 3L (Sign-up required)</b> <b>3:00pm- Knit &amp; Natter- 3L</b></p> <p><small>Sukkot Begins</small></p>	<p><b>6</b> <b>10:00am- Musical morning with Andrew- 2L</b> <b>10:15am- Blood Pressure Clinic- 3L</b> 10:30am- Bible Study with Jeff- 3L 11:00am- Beginners Line Dancing with Heather- A 2:00pm- Stretches with Lexi- A 2:30pm- Euchre, Cribbage &amp; Billiards with Jack &amp; Linda- ML 6:30pm- Movie Night- ML</p>	<p><b>7</b> 10:00am- Balloon Badminton with Care Staff- 2L <b>10:30am- Lunch with Lexi at the Mandarin in Kanata- (Sign-up Required) P1</b> 11:00am- Exercises with Paige- A</p> <p><small>Yom Kippur Begins</small></p>	<p><b>1</b> <b>10:00am- Bus Outing to Calabogie to see the Fall Colours &amp; Picnic with Lexi- (Sign-up Required)</b> 10:00am- Morning Stretches with Care Staff- 2L 1:45pm- BINGO with Kirsten- 3L</p>	<p><b>2</b> 10:00am- Bocce Ball with Lexi- BBC <b>10:00am- Ukulele Group with Barb- A</b> 10:00am- Crosswords with Kirsten- 3L 10:00am- Bean Bag Toss with Care Staff- 2L 11:00am- Morning Stretches with Kirsten- A <b>2:00pm- Happy Hour with Lexi- ML</b></p>	<p><b>3</b> <b>9:30am- Coffee &amp; Chats in the Bistro</b> <b>10:00am- Morning Movie- 2L</b> 2:00pm- Euchre, Cribbage &amp; Billiards with Jack &amp; Linda- ML <b>7:00pm- Musical Evening with Graeme Crabb- ML</b></p>
<p><b>12</b> 10:00am- Virtual Church Service- 2L 10:00am- Virtual Church Service- 3L <b>2:00pm- Piano with Velda- ML</b></p>	<p><b>13</b> <b>HAPPY THANKSGIVING</b> <b>9:00am- Morning Walks</b> <b>3:00pm- Afternoon Walks</b> <b>3:00pm- Knit &amp; Natter- 3L</b></p> <p><b>LEXI IS OFF</b></p> <p><small>Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (U.S.)</small></p>	<p><b>14</b> 10:00am- DrumFit with Lexi- A <b>10:00am- Musical morning with Andrew- 2L</b> 11:00am- Beginners Line Dancing with Heather- A 2:00pm- Stretches with Lexi- A 2:30pm- Euchre, Cribbage &amp; Billiards with Jack &amp; Linda- ML 6:30pm- Movie Night- ML</p> <p><small>Simchat Torah Begins</small></p>	<p><b>15</b> <b>10:30am- Lunch with Lexi at the Mandarin in Kanata- (Sign-up Required) P2</b> 10:00am- Crosswords with Kirsten- 3L 10:00am- Balloon Badminton with Care Staff- 2L 11:00am- Exercises with Paige- A <b>2:00pm- Musical Afternoon with Roxy Swan- ML</b></p>	<p><b>9</b> 10:00am- DrumFit with Lexi- A 10:15am- Music Therapy with Barb- 2L <b>10:30am- Rick Steves' Travelogue with Lexi- 3L</b> 1:45pm- BINGO with Kirsten- 3L <b>2:00pm- Town Hall Meeting- A</b></p>	<p><b>10</b> <b>10:00am- Ukulele Group with Barb- A</b> 10:00am- Crosswords with Kirsten- 3L <b>10:00am- Bean Bag Toss with Care Staff- 2L</b> 11:00am- Morning Stretches with Kirsten- A</p> <p><b>LEXI IS OFF</b></p>	<p><b>11</b> <b>9:30am- Coffee &amp; Chats in the Bistro</b> <b>10:00am- Morning Movie- 2L</b> 2:00pm- Euchre, Cribbage &amp; Billiards with Jack &amp; Linda- ML <b>6:45pm- Movie Night- ML</b></p>
<p><b>19</b> 10:00am- Virtual Church Service- 2L 10:00am- Virtual Church Service- 3L <b>2:00pm- Piano with Velda- ML</b></p>	<p><b>20</b> <b>10:30am- Bowling &amp; Lunch with Lexi to the Gratton Bowling Lanes- (Sign-up Required) P1&amp;P2</b> 10:00am- 1:1 Visits with Care Staff- 2L <b>10:00am- HeartMath Workshop- A</b> 1:45pm- BINGO with Kirsten- 3L <b>3:00pm- Knit &amp; Natter- 3L</b></p>	<p><b>21</b> 10:00am- DrumFit with Lexi- A <b>10:00am- Musical morning with Andrew- 2L</b> 10:30am- Bible Study with Jeff- 3L 11:00am- Beginners Line Dancing with Heather- A 2:00pm- Stretches with Lexi- A 2:30pm- Euchre, Cribbage &amp; Billiards with Jack &amp; Linda- ML 6:30pm- Movie Night- ML</p>	<p><b>22</b> 10:00am- Crosswords with Kirsten- 3L <b>9:00am- Trip to the Museum Of Nature &amp; Lunch with Lexi- (Sign-up Required) P1&amp;P2</b> 10:00am- Puzzles &amp; games with Care Staff- 2L</p>	<p><b>16</b> <b>10:00am- Perth Shopping Trip &amp; Lunch with Lexi- (Sign-up Required) P1&amp;P2</b> 10:00am- 1:1 Visits with Care Staff- 2L <b>2:00pm- Birthday Party with Tom Valliquette- ML</b></p>	<p><b>17</b> 10:00am- Bocce Ball with Lexi- BBC <b>10:00am- Ukulele Group with Barb- A</b> 10:00am- Crosswords with Kirsten- 3L 10:00am- Bean Bag Toss with Care Staff- 2L 11:00am- Morning Stretches with Kirsten- A <b>2:00pm- Happy Hour with Lexi- ML</b></p>	<p><b>18</b> <b>9:30am- Coffee &amp; Chats in the Bistro</b> <b>10:00am- Morning Movie- 2L</b> 2:00pm- Euchre, Cribbage &amp; Billiards with Jack &amp; Linda- ML <b>6:45pm- Movie Night- ML</b></p>
<p><b>26</b> 10:00am- Virtual Church Service- 2L 10:00am- Virtual Church Service- 3L <b>2:00pm- Piano with Velda- ML</b></p>	<p><b>27</b> <b>10:00am- Carving Pumpkins with Lexi- 3L</b> 10:00am- 1:1 Visits with Care Staff- 2L 11:00am- Exercises with Paige- A 1:45pm- BINGO with Kirsten- 3L <b>2:00pm- Enjoying a Warm Cup of Lexi's Pumpkin Cider- ML</b> <b>3:00pm- Knit &amp; Natter- 3L</b></p>	<p><b>28</b> 10:00am- DrumFit with Lexi- A <b>10:00am- Musical morning with Andrew- 2L</b> 11:00am- Beginners Line Dancing with Heather- A 2:00pm- Stretches with Lexi- A 2:30pm- Euchre, Cribbage &amp; Billiards with Jack &amp; Linda- ML 6:30pm- Movie Night- ML</p>	<p><b>29</b> 10:00am- Crosswords with Kirsten- 3L 10:00am- Balloon Badminton with Care Staff- 2L <b>2:00pm- Musical Afternoon with Arlene Quinn- ML</b> <b>4:30pm- Dinner at The Cove in Westport with Lexi- (Sign-up Required) P1&amp;P2</b></p>	<p><b>23</b> <b>9:00am- Morning Walks</b> 10:15am- Music Therapy With Barb- 2L <b>10:30am- Lunch at the Antrim Truck Stop with Lexi- (Sign-up required) P1&amp;P2</b> <b>3:00pm- Afternoon Walks</b></p>	<p><b>24</b> 10:00am- Bocce Ball with Lexi- BBC 10:00am- Crosswords with Kirsten- 3L 10:00am- Bean Bag Toss with Care Staff- 2L 11:00am- Morning Stretches with Kirsten- A <b>2:00pm- Happy Hour with Lexi &amp; Concert by the Ukulele Group- ML</b></p>	<p><b>25</b> <b>9:30am- Coffee &amp; Chats in the Bistro</b> <b>10:00am- Morning Movie- 2L</b> 2:00pm- Euchre, Cribbage &amp; Billiards with Jack &amp; Linda- ML <b>6:45pm- Movie Night- ML</b></p>
<p><b>31</b> 10:00am- Virtual Church Service- 2L 10:00am- Virtual Church Service- 3L <b>2:00pm- Piano with Velda- ML</b></p>	<p><b>31</b> <b>WEAR ORANGE &amp; BLACK</b> 10:00am- Crosswords with Kirsten- 3L 10:00am- Bean Bag Toss with Care Staff- 2L 11:00am- Morning Stretches with Kirsten- A <b>2:00pm- Presentation by Our Line Dancers &amp; Happy Hour- ML</b></p> <p><small>Halloween</small></p>	<p><b>31</b> <b>REMINDER:</b> <b>RED= RESIDENT INDEPENDENT ACTIVITIES</b> <b>SIGN UP FOR ACTIVITIES WILL BE ON THE 1ST OF THE MONTH AT 2PM AT RECEPTION</b></p>	<p><b>30</b> 10:00am- Morning Stretches with Care Staff- 2L <b>11:30- Lunch at CC's with Lexi- (Sign-up Required) P1&amp;P2</b> <b>2:00pm- Musical Afternoon with Ron Edgeley- ML</b></p>	<p><b>30</b> 10:00am- Morning Stretches with Care Staff- 2L <b>11:30- Lunch at CC's with Lexi- (Sign-up Required) P1&amp;P2</b> <b>2:00pm- Musical Afternoon with Ron Edgeley- ML</b></p>	<p><b>31</b> <b>WEAR ORANGE &amp; BLACK</b> 10:00am- Crosswords with Kirsten- 3L 10:00am- Bean Bag Toss with Care Staff- 2L 11:00am- Morning Stretches with Kirsten- A <b>2:00pm- Presentation by Our Line Dancers &amp; Happy Hour- ML</b></p> <p><small>Halloween</small></p>	<p><b>31</b> <b>REMINDER:</b> <b>RED= RESIDENT INDEPENDENT ACTIVITIES</b> <b>SIGN UP FOR ACTIVITIES WILL BE ON THE 1ST OF THE MONTH AT 2PM AT RECEPTION</b></p>

**LEGEND: A=AUDITORIUM-ML=MAIN LOBBY-2L=2<sup>ND</sup> FLOOR-3L=3<sup>RD</sup> FLOOR-4L=LIBRARY-CR=CRAFT ROOM-PG=PUTTING GREEN-BBC=BOCCE BALL COURT-PR=PARTY ROOM-CY=COURT YARD**