November 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **10:00am- Virtual Church Service- 3L** **10:00am- Virtual Church Service- 2L** **2:00pm- Piano with Velda- ML** 6:45pm- Movie Night- ML Daylight Saving Time Ends	**2** 10:00am- Morning Chat with Kirsten- 3L 10:00am- 1:1 Visits with Care Staff- 2L 11:00am- Exercises with Paige- A **1:45pm- BINGO with Kirsten- 3L**	**3** **10:00am- DrumFit with Kirsten- A** **10:00am- Blood Pressure & Weight Clinic- 3L** **10:00am- Musical Morning with Andrew- 2L** **10:30am- Bible Study with Jeff Nault- 3L** 2:00pm- Euchre, Cribbage & Billiards with Jack & Linda- ML **2:00pm- Afternoon Stretches with Kirsten- A** **3:00pm- Knit & Natter- 3L** 6:45pm- Movie Night- ML	**4** 10:00am- Crosswords with Kirsten- 3L 10:00am- Morning Stretches with Care Staff- 2L 11:00am- Exercises with Paige- A **1:45pm- BINGO with Kirsten- 3L** **1:00pm-3:00pm- Hearing Clinic- CR**	**5** **9:00am-12:00pm- Resident Vaccine Clinic- A** 10:00am- Morning Games with Care Staff- 2L **10:30am- Water Stretches with Kirsten- P** **2:00pm- Birthday Party with Tom Vallquette- ML**	**6** 10:00am- Crosswords with Kirsten- 3L 10:00am- Morning Documentary- 2L 11:00am- Morning Stretches with Kirsten- A **2:30pm- Happy Hour with Christine- ML** **7:00pm- Musical Evening with Elvis- ML**	**7** 9:00am- Morning Walks 10:00am- Morning Movie- 2L **2:00pm- Euchre, Cribbage, Billiards with Jack & Linda- ML** 3:00pm- Afternoon Walks **7:00pm- Musical Evening with Graeme Crabb- ML**
8 **10:00am- Virtual Church Service- 3L** **10:00am- Virtual Church Service- 2L** **2:00pm- Piano with Velda- ML** 6:45pm- Movie Night- ML Diwali (Hindi)	**9** **9:00am- Trip to Bayshore Shopping Centre & Lunch with Lexi- (Sign-up Required) P1&P2** 10:00am- Bean Bag Toss with Care Staff- 2L 11:00am- Exercises with Paige- A **2:00pm- Musical Afternoon with Ron Edgeley- ML**	**10** **10:00am- Trip to Cedar Hill Christmas Tree Farm & Lunch with Lexi- (Sign-up Required) P1&P2** 10:00am- Musical Morning with Andrew-2L 1:45pm- BINGO with Kirsten- 3L 2:00pm- Euchre, Cribbage & Billiards with Jack & Linda- ML 3:00pm- Knit & Natter- 3L 6:45pm- Movie Night- ML	**11** Remembrance Day **10:30am- Remembrance Day Service with Brent Russett- A** **12:00pm- Lunch Bunch with Lexi-3L-(Sign-up Required)- P1&P2** **1:30pm- Manicures with Lexi & Kirsten- 3L** Veterans Day Remembrance Day (Canada)	**12** 10:00am- Balloon Badminton with Care Staff- 2L **12:30pm- Decorating for Christmas with Lexi- 3L** 1:45pm- BINGO with Kirsten- 3L **4:00pm- Dinner at the Thruway with Lexi- (Sign-up Required) P1&P2**	**13** 10:00am- Crosswords with Kirsten- 3L 10:00am- Morning Documentary- 2L 11:00am- Morning Stretches with Kirsten- A **2:00pm- Happy Hour with Lexi & Entertainment by Paul Milotte- ML**	**14** 9:00am- Morning Walks 10:00am- Morning Movie- 2L **2:00pm- Euchre, Cribbage, Billiards with Jack & Linda- ML** 3:00pm- Afternoon Walks
15 **10:00am- Virtual Church Service- 3L** **10:00am- Virtual Church Service- 2L** **2:00pm- Piano with Velda- ML** 6:45pm- Movie Night- ML	**16** **9:00am- Pancake Breakfast with Lexi & Kirsten- 3L** 10:30am- Chit & Chat with Lexi- 3L 10:00am- BINGO with Care Staff- 2L 11:00am- Exercises with Paige- A **2:00pm- Musical Afternoon with Jumpin' Jimmy- ML**	**17** 10:00am- Musical Morning with Andrew-2L 10:30am- Bible Study with Jeff- 3L **10:30am- Lunch at the Antrim Truck Stop & Bakery with Lexi- (Sign-up Required) P1&P2** **2:00pm- First Responders Presentation- PR** 3:00pm- Knit & Natter- 3L 6:45pm- Movie Night- ML	**18** 10:00am- Crosswords with Kirsten- 3L 10:00am- Morning Stretches with Care Staff- 2L 11:00am- Exercises with Paige- A **1:45pm- BINGO with Kirsten- 3L** **2:00pm- Musical Afternoon with Roxy Swan- ML**	**19** 10:00am- DrumFit with Lexi- A 10:00am- 1:1 Visits with Care Staff- 2L **10:30am- Water Stretches with Lexi- P** 1:45pm- BINGO with Kirsten- 3L **4:00pm- Dinner at Ashton Pub with Lexi- (Sign-up Required) P1&P2**	**20** 10:00am- Crosswords with Kirsten- 3L 10:00am- Morning Documentary- 2L 11:00am- Morning Stretches with Kirsten- A **2:00pm- Happy Hour with Lexi- ML** **4:30pm- Magic Of Lights in Ottawa with Lexi- (Sign-up Required) P1&P2**	**21** 9:00am- Morning Walks 10:00am- Morning Movie- 2L **2:00pm- Musical Afternoon with Carrie's Karaoke- ML** 3:00pm- Afternoon Walks
22 **10:00am- Virtual Church Service- 3L** **10:00am- Virtual Church Service- 2L** **2:00pm- Piano with Velda- ML** 6:45pm- Movie Night- ML	**23** 10:00am- Morning Stretches with Care Staff- 2L **10:15am- Rick Steves Travelogue- 3L** 11:00am- Exercises with Paige- A **11:00am-1:00pm Fashions of Westport Clothing Sale- PR** **2:00pm- Musical Afternoon with Ron Edgeley- ML**	**24** 10:00am- DrumFit with Kirsten- A 10:00am- Musical Morning with Andrew-2L **10:30am- Water Fitness with Kirsten- P** **2:00pm- Town Hall & Food Forum Meeting- A** 3:00pm- Knit & Natter- 3L 6:45pm- Movie Night- ML	**25** 10:00am- Crosswords with Kirsten- 3L 10:00am- Crafts with Care Staff- 2L 11:00am- Exercises with Paige- A **1:45pm- BINGO with Kirsten- 3L**	**26** 10:00am- DrumFit with Kirsten- A **10:30am- Sign-up for Next Month's Activities- R** 10:00am- Bean Bag Toss with Care Staff- 2L **10:30am- Water Stretches with Kirsten- P** 1:45pm- BINGO with Kirsten- 3L Thanksgiving Day (U.S)	**27** 10:00am- Crosswords with Kirsten- 3L 10:00am- Morning Documentary- 2L 11:00am- Morning Stretches with Kirsten- A **2:00pm- Happy Hour with Christine- ML** **4:00pm- Kids Choir Performance- ML**	**28** 9:00am- Morning Walks 10:00am- Morning Movie- 2L **2:00pm- Musical Afternoon with Ompah Dom- ML** 3:00pm- Afternoon Walks
29 10:00am- Virtual Church Service- 3L 10:00am- Virtual Church Service- 2L ***12:00pm-4:00pm- Photos with Santa- PR*** **12:30pm- Civitan Christmas Dinner with Lexi- (Sign-up Required) P1&P2** 6:45pm- Movie Night- ML	**30** 10:00am- Games with Care Staff- 2L **10:30am- Hymn Sing with Lexi- 3L** **1:30pm- Crafts with Lexi- Sign-up Required) P1&P2**					



LEGEND: R=RECEPTION/A=AUDITORIUM/ML=MAIN LOBBY/2L=2ND FLOOR/3L=3RD FLOOR/4L=LIBRARY/PR=PARTY ROOM/P= POOL **TUCKSHOP HOURS: WEDNESDAYS- 10:30AM-11:30AM**